



2018 SynchroSkate

March 3/2018 to March 3/2018

Kanata Recreation Complex

Adult SYS I Synchro - Free Program 2

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	SPIRIT I	CPS NOVA, QC	28.76	31.99	0.00	0.00	60.75

#	Executed Element	Base							JREF					Score		
		Value	GOE	J1	J2	J3	J4									
1	Co1	2.50	0.23	2	0	0	0	-	-	-	-	-	1	-	-	2.73
2	B4	4.00	0.50	2	1	1	1	-	-	-	-	-	1	-	-	4.50
3	I2+pi3	5.30	0.23	0	1	0	1	-	-	-	-	-	0	-	-	5.53
4	TC2	3.00	0.33	1	1	0	0	-	-	-	-	-	1	-	-	3.33
5	Sp2	4.00	0.17	1	-1	0	1	-	-	-	-	-	0	-	-	4.17
6	PL4	3.50	0.50	1	1	1	1	-	-	-	-	-	1	-	-	4.00
7	W4	4.00	0.50	1	1	1	1	-	-	-	-	-	1	-	-	4.50

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

Program Component	Factor															
Skating Skills	1.50		4.75	4.50	4.50	3.50	-	-	-	-	-	-	4.75	-	-	6.87
Transitions	1.25		4.75	4.75	4.25	3.75	-	-	-	-	-	-	5.25	-	-	5.73
Performance	1.50		5.00	4.75	4.50	3.75	-	-	-	-	-	-	5.25	-	-	7.13
Composition	1.25		4.50	4.50	4.50	3.50	-	-	-	-	-	-	5.00	-	-	5.63
Interpretation of the Music	1.50		4.75	4.25	4.25	3.50	-	-	-	-	-	-	4.75	-	-	6.63

31.99

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	Mississauga Ice Precise	Mississauga FSC,ON	29.83	29.34	0.00	0.00	59.17

# Executed Element	Base							JREF							Score
	Value	GOE	J1	J2	J3	J4									
1 Cr1	2.50	0.70	3	1	1	1	-	-	-	-	-	0	-	-	3.20
2 l2+pi3	5.30	0.00	1	0	0	0	-	-	-	-	-	0	-	-	5.30
3 TC3	4.50	0.00	1	0	0	0	-	-	-	-	-	0	-	-	4.50
4 PL4	3.50	0.50	1	1	0	1	-	-	-	-	-	1	-	-	4.00
5 B4	4.00	0.33	1	1	0	1	-	-	-	-	-	0	-	-	4.33
6 Sp2	4.00	0.00	0	0	0	0	-	-	-	-	-	0	-	-	4.00
7 W4	4.00	0.50	1	1	0	1	-	-	-	-	-	1	-	-	4.50

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

Program Component	Factor														
Skating Skills	1.50		4.75	4.50	4.00	3.75	-	-	-	-	-	4.25	-	-	6.38
Transitions	1.25		4.50	4.75	3.75	3.75	-	-	-	-	-	4.00	-	-	5.10
Performance	1.50		4.75	4.75	4.00	3.75	-	-	-	-	-	4.00	-	-	6.38
Composition	1.25		4.25	4.75	3.75	3.75	-	-	-	-	-	4.25	-	-	5.10
Interpretation of the Music	1.50		4.75	4.50	4.00	3.50	-	-	-	-	-	4.25	-	-	6.38
															29.34

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Cassiopee	Sherbrooke, QC	27.41	24.96	0.00	0.50	51.87

# Executed Element	Base							JREF							Score
	Value	GOE	J1	J2	J3	J4									
1 W4	4.00	0.00	1	0	0	0	-	-	-	-	-	0	-	-	4.00
2 l2+pi3	5.30	-0.23	0	0	-1	-1	-	-	-	-	-	0	-	-	5.07
3 Pa3	4.00	-0.33	0	0	-1	-1	-	-	-	-	-	-1	-	-	3.67
4 B4	4.00	0.17	1	0	0	1	-	-	-	-	-	0	-	-	4.17
5 PL4	3.50	0.00	0	0	-1	0	-	-	-	-	-	0	-	-	3.50
6 Cr1	2.50	0.00	0	-1	0	0	-	-	-	-	-	0	-	-	2.50
7 TC3	4.50	0.00	1	0	0	0	-	-	-	-	-	0	-	-	4.50

x - credit for second half, base value multiplied by 1.1
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge
 < - underrotated jump
 << - (singles & pairs) downgraded jump

* - invalid element, scored as zero
 ! - (Key Points Dance) incomplete
 < - (Key Points Dance) interruption
 << - (Key Points Dance) interruption

e - jump take-off (Flip/Lutz) with edge
 REP - repeated jump restriction
 S - (Pattern Dance Type Step Seq.) separation
 V - spin requirement not met

Program Component	Factor														
Skating Skills	1.50		4.50	3.50	3.50	3.50	-	-	-	-	-	3.75	-	-	5.37
Transitions	1.25		4.25	3.75	3.25	3.50	-	-	-	-	-	3.75	-	-	4.59
Performance	1.50		4.75	3.50	3.25	3.50	-	-	-	-	-	3.75	-	-	5.37
Composition	1.25		4.75	3.50	3.50	3.50	-	-	-	-	-	3.50	-	-	4.38
Interpretation of the Music	1.50		4.50	3.25	3.50	3.25	-	-	-	-	-	3.75	-	-	5.25
															24.96

1 Fall(s) factor (0.5) 0.50



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Source	Nepean FSC,ON	26.04	25.70	0.00	0.00	51.74

#	Executed Element	Base							JREF					Score		
		Value	GOE	J1	J2	J3	J4									
1	B4	4.00	0.17	1	0	0	0	-	-	-	-	-	1	-	-	4.17
2	W4	4.00	0.17	1	0	0	0	-	-	-	-	-	1	-	-	4.17
3	PL4	3.50	0.50	1	1	0	1	-	-	-	-	-	1	-	-	4.00
4	TC2	3.00	0.00	0	0	0	0	-	-	-	-	-	0	-	-	3.00
5	Sp2	4.00	-0.50	-1	0	-1	-1	-	-	-	-	-	-1	-	-	3.50
6	I2+pt2	4.70	0.00	0	-1	0	0	-	-	-	-	-	0	-	-	4.70
7	Co1	2.50	0.00	0	0	0	0	-	-	-	-	-	1	-	-	2.50

- x - credit for second half, base value multiplied by 1.1
- ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge
- < - underrotated jump
- << - (singles & pairs) downgraded jump
- * - invalid element, scored as zero
- ! - (Key Points Dance) incomplete
- < - (Key Points Dance) interruption
- << - (Key Points Dance) interruption
- e - jump take-off (Flip/Lutz) with edge
- REP - repeated jump restriction
- S - (Pattern Dance Type Step Seq.) separation
- V - spin requirement not met

Program Component	Factor															
Skating Skills	1.50		3.75	4.00	3.75	3.50	-	-	-	-	-	4.00	-	-		5.75
Transitions	1.25		3.50	3.75	3.50	3.25	-	-	-	-	-	4.25	-	-		4.48
Performance	1.50		3.25	4.00	3.75	3.25	-	-	-	-	-	4.00	-	-		5.51
Composition	1.25		3.75	4.00	3.50	3.50	-	-	-	-	-	3.75	-	-		4.59
Interpretation of the Music	1.50		3.50	3.75	3.50	3.25	-	-	-	-	-	3.75	-	-		5.37
																25.70

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
5	Trinity	North Toronto SC,ON	25.03	26.27	0.00	0.00	51.30

# Executed Element	Base							JREF							Score
	Value	GOE	J1	J2	J3	J4									
1 W4	4.00	0.33	1	1	0	0	-	-	-	-	-	1	-	-	4.33
2 B4	4.00	0.00	2	0	0	0	-	-	-	-	-	0	-	-	4.00
3 ME2+fm2	3.00	0.10	3	-1	1	1	-	-	-	-	-	-1	-	-	3.10
4 PL2	2.50	-0.10	0	-1	0	0	-	-	-	-	-	-1	-	-	2.40
5 l2+pl3	5.30	0.00	1	0	0	0	-	-	-	-	-	0	-	-	5.30
6 TC2	3.00	0.17	1	1	0	0	-	-	-	-	-	0	-	-	3.17
7 Cr1	2.50	0.23	0	0	1	1	-	-	-	-	-	0	-	-	2.73

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
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 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

Program Component	Factor														
Skating Skills	1.50		4.75	3.75	4.25	3.50	-	-	-	-	-	3.50	-	-	5.75
Transitions	1.25		4.50	3.25	4.00	3.50	-	-	-	-	-	3.75	-	-	4.69
Performance	1.50		4.75	3.50	4.00	3.50	-	-	-	-	-	3.75	-	-	5.63
Composition	1.25		4.75	3.50	4.25	3.25	-	-	-	-	-	3.50	-	-	4.69
Interpretation of the Music	1.50		4.75	3.25	4.00	3.25	-	-	-	-	-	3.75	-	-	5.51
															26.27

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
6	BLACK GOLD	Calgary Synchroni,AB/NT/NU	25.80	24.91	0.00	0.00	50.71

# Executed Element	Base							JREF							Score	
	Value	GOE	J1	J2	J3	J4										
1 Pa2	3.00	0.00	0	0	0	0	-	-	-	-	-	-	-1	-	-	3.00
2 B4	4.00	0.50	1	1	1	1	-	-	-	-	-	-	1	-	-	4.50
3 l2+pi3	5.30	0.00	1	0	0	0	-	-	-	-	-	-	0	-	-	5.30
4 TC2	3.00	0.00	0	0	0	1	-	-	-	-	-	-	0	-	-	3.00
5 PL4	3.50	0.00	1	0	0	0	-	-	-	-	-	-	0	-	-	3.50
6 W4	4.00	0.00	0	1	0	0	-	-	-	-	-	-	0	-	-	4.00
7 Cr1	2.50	0.00	0	-1	0	1	-	-	-	-	-	-	0	-	-	2.50

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
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 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

Program Component	Factor															
Skating Skills	1.50		3.75	3.75	3.50	3.50	-	-	-	-	-	-	3.75	-	-	5.51
Transitions	1.25		3.50	4.00	3.25	3.50	-	-	-	-	-	-	3.75	-	-	4.48
Performance	1.50		3.75	4.00	3.50	3.50	-	-	-	-	-	-	3.75	-	-	5.51
Composition	1.25		3.25	3.75	3.25	3.25	-	-	-	-	-	-	3.50	-	-	4.16
Interpretation of the Music	1.50		3.50	3.50	3.50	3.25	-	-	-	-	-	-	3.50	-	-	5.25
																24.91

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
7	Évolution	CPA Charlesbourg,QC	24.47	24.74	0.00	1.00	48.21

# Executed Element	Base							JREF							Score
	Value	GOE	J1	J2	J3	J4									
1 Sp2	4.00	-0.50	-1	-1	-1	0	-	-	-	-	-	-1	-	-	3.50
2 Co1	2.50	0.00	0	0	0	0	-	-	-	-	-	1	-	-	2.50
3 PL3	3.00	0.27	1	0	0	1	-	-	-	-	-	1	-	-	3.27
4 W4	4.00	0.33	0	1	1	-1	-	-	-	-	-	1	-	-	4.33
5 l2+pi2	4.70	-1.00	-2	-2	-2	0	-	-	-	-	-	-2	-	-	3.70
6 B4	4.00	0.17	0	1	0	0	-	-	-	-	-	1	-	-	4.17
7 TC2	3.00	0.00	0	0	0	0	-	-	-	-	-	0	-	-	3.00

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 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

Program Component	Factor														
Skating Skills	1.50		3.50	3.50	4.00	3.25	-	-	-	-	-	4.00	-	-	5.51
Transitions	1.25		3.50	3.25	3.75	3.50	-	-	-	-	-	4.25	-	-	4.48
Performance	1.50		3.25	3.75	3.75	3.25	-	-	-	-	-	3.75	-	-	5.37
Composition	1.25		3.50	3.50	3.50	3.25	-	-	-	-	-	4.25	-	-	4.38
Interpretation of the Music	1.50		3.25	3.25	3.50	3.25	-	-	-	-	-	4.00	-	-	5.00
															24.74

2 Fall(s) factor (0.5) 1.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
8	Ice Fyre	Whitby Skating Cl,ON	23.37	24.51	0.00	0.00	47.88

# Executed Element	Base							JREF							Score	
	Value	GOE	J1	J2	J3	J4										
1 I2+pi2	4.70	0.00	0	0	0	0	-	-	-	-	-	-	-1	-	-	4.70
2 B4	4.00	0.17	1	0	0	0	-	-	-	-	-	-	1	-	-	4.17
3 W4	4.00	0.33	1	1	-1	1	-	-	-	-	-	-	0	-	-	4.33
4 ME2+fm1	2.00	0.07	1	0	0	1	-	-	-	-	-	-	0	-	-	2.07
5 PL3	3.00	-0.40	-1	-1	-1	0	-	-	-	-	-	-	-1	-	-	2.60
6 TC2	3.00	0.00	0	0	0	0	-	-	-	-	-	-	0	-	-	3.00
7 Cr1	2.50	0.00	0	-1	0	0	-	-	-	-	-	-	0	-	-	2.50

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

Program Component	Factor															
Skating Skills	1.50		3.75	3.75	3.25	3.25	-	-	-	-	-	-	3.50	-	-	5.25
Transitions	1.25		4.00	3.25	3.25	3.00	-	-	-	-	-	-	3.50	-	-	4.16
Performance	1.50		4.25	3.75	3.50	3.00	-	-	-	-	-	-	3.50	-	-	5.37
Composition	1.25		4.25	3.75	3.25	3.00	-	-	-	-	-	-	3.75	-	-	4.48
Interpretation of the Music	1.50		4.00	3.50	3.50	3.00	-	-	-	-	-	-	3.50	-	-	5.25
																24.51

0.00